

Registration Form

Classes are Mondays and
Fridays from 9:15-10 am.

June 15—Sept 4, 2009

Price is \$75 for a 12 week
session

You may join at the 6
week point for \$35



St. Joseph Convent
526 Mill Street
Campbellsport, WI 53010

Phone: (920) 533-1100
Fax: (920) 533-1145

Web: www.sjconvent.org

St. Joseph Convent Tai Chi Exercise



Our Mission Statement

A School Sister of St. Francis Retirement Home/Health Care Center dedicated to providing quality life for its residents and participants.

In a collaborative atmosphere, staff minister with compassion and respect to the individuals total well being.

We extend our hospitality and care to the local community.



For over 8 years the therapeutic movement classes at St. Joseph Convent have been ahead of their time!

This form of exercise addresses full body functions and activities, muscle strength, flexibility, balance, coordination and concentration all at the same time. Making these movements total mind and body therapies

To Register, fill out form below:

Name: _____

Address: _____

Phone: _____

Amount enclosed: _____

Make checks payable to
St. Joseph Convent

Payment must be made before the participant begins the class

Mail payment along with registration to:

St. Joseph Convent

526 Mill St.

Campbellsport, WI 53010

Attn: Kerry Schumacher

Or you may drop off payment at the convent in the Communications Office